NCCAA Indoor Track & Field National Championships
Olivet Nazarene University, Perry Center

Date: Friday, February 21 and Saturday February 22, 2014

Entry Procedures: Fill out entries at www.directatheltics.com

Entry Limit: Relays are exempt from a qualifying standard. Each institution may have 6 men individual and 6 women individual right of membership entries who do not meet the national qualifying standards. Estimated marks will result in disqualification for the entered athlete. If an athlete has not competed in an event and an institution is using a right of membership entry, they must be entered with a NO MARK. Each team will be allowed one entry in each relay race. All entries under 400 meters must be FAT.

Entry Marks: Please refer to the qualifying marks. Use Metric marks for field events.

Entry Deadline: The deadline for entries is Monday, February 17, 2014 at midnight EST. Confirmation of entries will be returned to you by Tuesday 1pm EST, February 18th. Any mistakes or scratches must be adjusted by Tuesday, February 18 at 9:00pm EST. After this time Heat Sheets will be posted on our web site and any scratches will result in disqualification from the entire meet.

Teams: NCCAA Members

Entry Fee: $150.00 per team ($300.00 for both men’s and women’s teams combined). Make checks payable to: Olivet Nazarene University. Fewer than 6 people per men’s or women’s team the entry fee will be $15.00 per person.

Scratches Email by Tuesday 9:00 pm EST
Any mistakes must be corrected and all scratches must be made by Tuesday, February 18 at 9:00pm EST. After this time any athletes who is scratched from an event is out of the meet. Any athlete failing to report and compete in the proper event will also be scratched from the meet.

Coaches Meeting: There will be a mandatory coaches meeting at 4:00 pm on Friday February 21st. The meeting will take place in room 222 on the second floor of the Perry Center. Agenda items should be sent to Mark Miller prior to February 17, 2014. Scholar-athlete nominations: Please send nominations via email to Mark Miller (mark.miller@arbor.edu) Deadline is Monday February 17th, 2014. But note- you may send them any time before since semester has concluded for most. Student athletes must be a junior or senior and have a 3.4 cumulative GPA or higher.

Championship Format: Athletes will be scratched from the meet if they miss one of their events. Athletes competing in multiple events may compete out of turn in field events in the prelims but may not do so in the finals. An event cannot be paused in order to wait for another competitor. See detailed ruling in Rule 6 Section 1 of NCAA rule book.

Meet Administration NCCAA ID Track Chair- Mark Miller, Spring Arbor, Vice Chair- Matt Dougherty, Houghton College

Games Committee/Appeals: Mike McDowell - ONU, Mark Miller – Spring Arbor, and Jeff Bolender - Cedarville.

Meet Director: Mike McDowell - Ph. 815-939-5165 * Fax. 815-939-7933 * Email mmcdowel@olivet.edu

Timing: Automatic timing will be used.

Warm-up: Is permitted on the track as long as it does not interfere with any other events. Be Careful!

Rules: Will follow NCAA Rule book

Athletic Trainer: Will be on site.

Spikes/blocks: ¼ pyramid spikes only (strictly enforced – NO CHRISTMAS TREE SPIKES). Only ONU blocks are permitted.

Field Events 3 attempts, 9 athletes advance to finals

Time schedule: Will not go ahead of schedule. A revised schedule shall be posted after the final competitor numbers are reviewed by the games committee. Shall be posted no later than Wednesday Feb, 19th at 9:00 PM EST.
Weigh-IN: Friday: 4:00 p.m. – 5:00 p.m. (in the northeast corner of the Indoor Track facility by the roll up garage door)  
Saturday 9:30 a.m. – 10:30 a.m.

Starting Heights: HJ will start 5 centimeters/2 inches below the auto mark. PV will start 8 centimeters/3 inches below the auto mark.

Scoring: Team Scoring 10-8-6-5-4-3-2-1.

Results: Will be posted as available and on our web site after meet at www.olivet.edu

Awards: Will be handed out 30 minutes after the event has completed. Final team awards after conclusion of the meet.

Concessions: Will be available-

Entering field house: Field house will be open for warm-ups beginning at 3:00 pm on Friday. Some restrictions may be in effect.

Service Project The NCCAA strongly encourages host sites of Championships to do some type of community service project.

Our mission this year is the Kankakee location of Living Alternatives (http://www.hopeforafuture.com/) which is committed to saving the lives of unborn children by promoting life-affirming options and providing practical assistance, while sharing the gospel of Jesus Christ in word and deed, and to minister restoration to those who have been wounded by the trauma of abortion.

We are hoping that each school can raise $50 but any donation would be accepted.

Admission Fee: $5.00 for Adults, $3 for school age kids

Other Info: Directions, restaurants, housing, maps, & other info are listed on our athletic web page.
1/4” Pyramid Spikes Only!

No Christmas Tree Spikes
NO Needle Spikes

No Christmas Tree or Needle Spikes!!