

- Host:** Olivet Nazarene University
Perry Student Life Recreation Center
One University Ave
Bourbonnais, IL 60914
- Start of Events:** **8:30-9:30am** Weigh-In
10:00am Field Events
11:00am Running Events
- Entries:** Opens Thursday, January 29th. **Closes at 12:00pm on Tuesday, February 3rd.**
All entries to be completed online at Direct Athletics (www.directathletics.com).
No entry limits.
- Entry Fee:** \$150 Per Team. \$300 Men & Women combined. \$10 for unattached athletes.
Checks payable to Olivet Nazarene University.
- Scratches:** Provided by 12:00pm Friday, February 6th – no scratches on Saturday.
- Track:** Eight-lane, 200 meter Mondo surface with 10 lanes on sprint straightaway.
No food or drink allowed in the Fieldhouse. All food is to be kept inside the team camp area in Chalfant Hall.
- Spectators:** Admission is \$5 for adults and \$3 for children. Bleacher seating is available as well as standing room on the back straightaway. **No spectators on the inside of the track. No athletes in the bleachers.**
- Team Camps:** Chalfant Hall may be used for your team's staging area, located down the hall from the Fieldhouse in the Parrot Convocation Center.
- Spikes:** **Pyramid spikes only: ¼" are the maximum allowed.** Shoes will be checked!
We will not provide replacement spikes.
- Weigh-Ins:** Throwing implements must be weighed in at the northeast corner behind the throwing cage between **8:30-9:30am**. Any illegal implements will be impounded until completion of the event(s).
- Info Packets:** Pick up packet upon arrival at finish clerk's booth above finish line.
- Results:** Posted on results board after each event. Will be available at the conclusion of the meet on www.athletics.olivet.edu, and TFRRS. Coaches are responsible for securing all data for entering his/her national meet qualifiers.
- Trainers:** Certified athletic training staff will be available throughout the meet.



Bus Parking: Bus Parking will be available in the North Parking lot just adjacent to the Student Rec Center. We will have spaces reserved for your buses.

Additional Heats: Coaches will be notified of any changes prior to the start of the meet.

Meet Director: Nicole Farr, Assistant XC/Track & Field Coach
Office: 815-928-5570 Fax: 815-939-7933
Email: nefarr@olivet.edu

Schedule: **10:00am - Field Events**

Women's 20lb Weight (followed by Men's 35lb Weight)
Women's High Jump (followed by Men's High Jump)
Men's Long Jump (followed by Women's Long Jump) **EAST PIT**
Women's Triple Jump (followed by Men's Triple Jump) **WEST PIT**
Women's Pole Vault (followed by Men's Pole Vault)
Men's Shot Put (following women's weight - Cement ring)
Women's Shot Put (following women's weight - Wood ring)

11:00am - Running Events

Women run first except trials of 60m hurdles and 60m dash

Distance Medley Relay
60m Hurdles Trials (M then W)
60m Dash Trials (M then W)
Mile
400m
60m Hurdles Finals (W then M)
60m Dash Finals (W then M)
600m
800m
200m
3,000m
4x400m Relay

