



**OLIVET
NAZARENE
UNIVERSITY**

**STUDENT-ATHLETE
HANDBOOK**

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WELCOME ONU ATHLETES

I would like to welcome you to Olivet Nazarene University and particularly to our athletic department. I count it a privilege to be able to help you succeed in your athletic endeavors.

Over the past few years the athletic department has been very successful on the court and on the field of play. As I look at my championship wall, I count at least 17 teams that have won conference championships and qualified for the NAIA national championships. It has been a joy to be able to travel to those national competitions to watch these athletes compete at the highest level.

This year, our staff and coaches expect no different results than we have witnessed in the past few years. Our motto of “Winning Championships, Developing Character” is a real expectation. Championships can and will be won, but not at the expense of character. Our staff expects you to put forth 100% and they expect you to abide by ONU’s mission statement, attend class, excel in your field of study and all the while – winning. It can and has been done.

This student athlete handbook is a guide to help you understand ONU Athletic policies and procedures. I hope it will be a useful tool for you throughout your time here. You are responsible for knowing the contents of this handbook as well as all other policies and procedures located in our ONU Student Handbook.

Enjoy the journey that you have begun at ONU. Please do not hesitate to talk with me or any of our office staff if you have a problem or just need someone to listen. Stay strong, compete hard, and love the Lord with all your heart.

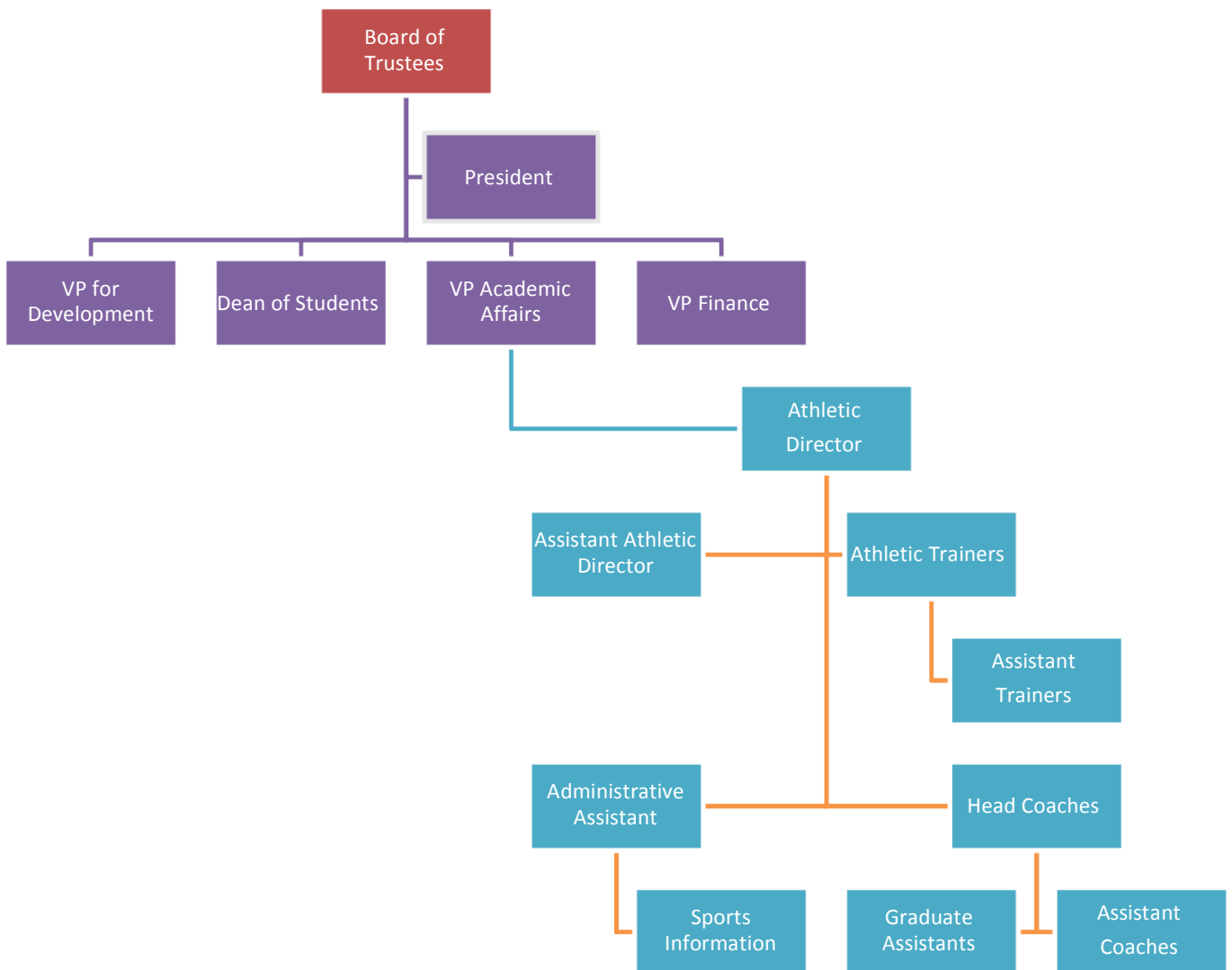
Sincerely,



Gary Newsome
Olivet Nazarene University Director of Athletics



ORGANIZATIONAL CHART



THE ATHLETIC ADMINISTRATION

President, Dr. John Bowling

Vice President of Academic Affairs, Dr. Carol Maxson

Athletic Director, Gary Newsome

Athletic Registrar, Tony Grimm

Administrative Assistant, Dawn Waldron

Sports Information Director, Wendy Reid

Head Athletic Trainer, Alicia Mikulski

HEAD COACHES

Baseball, Todd Reid

Men's Basketball, Ralph Hodge

Women's Basketball, Lauren Glenn

Cheerleading, Karen Eylander

Men's and Women's Cross Country, Mike McDowell

Football, Eric Hehman

Men and Women's Golf, Bill Johnson

Men's Soccer, Kenny Huber

Women's Soccer, Bill Bahr

Softball, Hannah Gardner

Men's and Women's Swimming, Diana Caise

Men's and Women's Tennis, Chris Tudor

Men's and Women's Indoor/Outdoor Track and Field, Mike McDowell

Volleyball, Brenda Williams

ONU ATHLETIC DEPARTMENT MISSION STATEMENT

“To Provide Opportunity for Ministry through Athletics”

Olivet Nazarene University, a denominational university in the Wesleyan tradition, exists to provide a university level liberal arts “Education with a Christian Purpose.” In keeping with the traditional association of sports with education, intercollegiate athletics constitutes an integral and very visible part of Olivet’s educational and spiritual purpose. Our athletic program provides a link and rallying point to our community, students, faculty, and alumni. Therefore, our athletes can be among our finest ambassadors. They are given the daily opportunity to demonstrate that piety, scholarship, and competitiveness can effectively work together to provide opportunity for ministry through athletics.

“And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through him”. Colossians 3:17

OLIVET NAZARENE UNIVERSITY MISSION STATEMENT

Olivet Nazarene University, a denominational university in the Wesleyan tradition, exists to provide a university level liberal arts “Education with a Christian Purpose.” Our mission is to provide high quality academic instruction for the purpose of personal development, career and professional readiness, and the preparation of individuals for lives of service to God and humanity. “We seek the strongest scholarship and the deepest piety, knowing that they are thoroughly compatible (and)...a Christian environment where not only knowledge but character is sought.”

NAIA CHAMPIONS OF CHARACTER PROGRAM

The NAIA Champions of Character program has established five core values that go well beyond the playing field to the daily decisions of today’s young adults. These character values help young adults and those associated with their development make good choices in all aspects of their life and reflect the true spirit of competition. Olivet Nazarene University’s athletic department embraces the five core values as listed below:

1. **Integrity:** positive internal traits that guide behavior
2. **Respect:** treating others the way you want to be treated
3. **Responsibility:** the social force that binds the individual to the good of the team
4. **Sportsmanship:** following the rules, spirit and etiquette of athletic competition
5. **Servant Leadership:** serving the greater good

The NAIA Student Athlete pledge is located in your appendix.

STUDENT ATHLETE ADVISORY COUNCIL

In 2010, ONU adopted the idea of a student athlete advisory council. This council was formed for the welfare of our student athletes. Your Student Athletic Advisory Council (SAAC) is comprised of members from each team who meet to discuss issues that concern student athletes, plan community outreach projects, provide student athlete leadership in the eyes of the athletic department and foster support of your fellow athletic teams. The mission and guidelines of the ONU council can be found in your Appendix.

INTERCOLLEGIATE ATHLETIC BOARD

The intercollegiate athletic board provides oversight for the athletic program and is chaired by the registrar. The board approves all sports schedules to make sure they are within University budget allocations, reviews class attendance policy and monitors potential absences based on the sports schedules, and approves policies and procedures for the athletic department.

The board is also responsible for reviewing gender equity issues and percentages each semester, approving the athletic policy and procedure manual and student athlete manual as well as considers other matters related to the overall operation of the athletic department.

The board is made up of the following: Registrar, Vice President of Academic Affairs, Vice President of Finance, two members of the ONU coaching staff, one faculty member, the athletic director and two student athletes.

ELIGIBILITY (See NAIA Policy Manual Article V, Section A-F for complete listing of regulations) Entering freshman: Incoming freshman athletes must have fulfilled the following academic requirements in order to compete in their first semester in the NAIA: (must meet 2 of the 3 criteria)

- a. 2.0 G.P.A.
- b. Rank in the top ½ of their graduating class
- c. Achieve an 18 or above on the ACT (860 SAT)

Exception: Home schooled students who achieve a minimum score of 20 on the ACT or 950 SAT will meet entering freshmen requirements.

After completion of the second semester term of attendance and from then on, a student must have accumulated a minimum of 24 institutional credit hours in the two immediately previous terms of attendance. Special note: no more than 12 institutional credit hours earned during summers and/ or during non- terms maybe applied to meet the 24-hour rule.

A student must be making normal progress toward a recognized baccalaureate degree and maintain the minimum grade point average as defined by ONU and the NAIA to remain eligible. Upon reaching junior academic standing, a student must have a cumulative G.P.A. of at least 2.0 to remain eligible. Repeat courses previously passed with a grade of "D" or better in any term, during summer, or during a non-term cannot count toward satisfying the 24-hour credit rule.

A student may participate four seasons in one sport in 10 semesters. The 10 semesters need not be consecutive. During the ninth or tenth semester, the student may participate in any sport in which the student has not already used 4 seasons of competition.

Once a student has completed all academic requirements for graduation from ONU, he or she will no longer be eligible to compete in intercollegiate athletics. Exception: a student who has completed all academic requirements for graduation and who is enrolled in the graduate or professional school of the institution where he has earned an undergraduate degree, who is enrolled and seeking a second baccalaureate degree, or who is pursuing a second major at the same institution may compete in athletics if that student has eligibility remaining. (No student shall be permitted to participate in intercollegiate athletics for more than four seasons in any sport. Exception: see medical redshirt criteria).

ACADEMIC PROBATION: FINANCIAL AIDE AND ELIGIBILITY CONCERNS

Students are considered to be on academic probation when they do not maintain a minimum cumulative grade point average according to the following schedule:

Hours Attempted:	Cumulative GPA
1-18	1.5
19-29	1.7
30-45	1.8
46-59	1.9
60 or more	2.0

In addition, students may be considered to be on academic probation for failure to attain a 1.000 GPA in any given semester, or for failure to pass at least 50% of the credits for which they were registered at the end of the initial drop/add period (second week of the semester). First time freshman who's mid-term GPA in the fall semester was below 1.500 are also considered to be on academic probation.

Students on academic probation must return to “good standing” by the end of the probationary semester to avoid losing eligibility for all financial aid at ONU. Students also are disqualified from financial aid when 64 or more hours have been attempted with less than a 2.0 GPA. This includes state and federal grants and loans as well as tuition remission benefits.

DO NOT DROP A CLASS WITHOUT CONSULTING WITH YOUR HEAD COACH FIRST!!

Refer to Chapter 6 of the ONU Catalog for an entire list of regulations that may affect you.

MEDICAL HARDSHIP WAIVERS

If an athlete becomes injured, it may be possible to gain an additional season of competition if the athlete has not competed in more than 20% of the maximum amount of games as set by the NAIA. ONU's athletic training will work with you to prepare and submit the waiver if you meet the requirements for a hardship waiver.

RED SHIRT RULE

A student athlete who is eligible for competition but who does not compete is termed “redshirt”. Most often, redshirt status is determined between a student athlete and coach prior to the beginning of the season. If you choose to redshirt, you remain eligible for practice with your team. If you do not compete, you do not use a season of competition.

TRANSFER POLICY

If you enroll in 12 or more hours and attend any regularly scheduled class at a two or four-year college and then decide to transfer to any NAIA school, the NAIA considers you a transfer student, regardless whether or not you participated in intercollegiate athletics.

Residency Rules: NAIA residency requirements govern how soon a transfer can play and depends on whether you are transferring from a 4 year or 2-year college.

If you participated in an intercollegiate contest in your sport at a 4-year school, you must wait 16 weeks before participating in that sport unless you:

1. Have a written release from the athletic department at the immediately previous 4-year college
2. Have a minimum 2.0 GPA from all previous institutions combined
3. Meet all additional academic requirements and any conference specific requirements for transfers.

24/36 Hour Rule: Transfer students are required to have completed 24 semester/36 quarter hours of institutional credit in their last two semesters of enrollment prior to transferring.

Progress Rule: If you are a transfer student who has already used one or more of your four seasons of competition in college sports, you will need to show completion of the following before you can compete:

1. Second Season: 24 semester credit hours
2. Third Season: 48 semester credit hours
3. Fourth Season: 72 semester credit hours (including 48 hours in general education or your major field of study)

If a student athlete is planning on transferring from ONU they should do the following:

1. Inform your coach regarding your intentions of transferring
2. Secure a letter from the athletic director giving the accepting school permission to speak with you.
3. A contacted school has 10 days to make contact with Olivet asking permission to speak with you unless you have that permission letter in hand.

Please note that football players transferring to MSFA schools, by league rule, **must sit out one season** of competition. Also, keep in mind that **ONU is not mandated** to release and may deny your transfer to another institution. Athletes seeking a transfer will lose their athletic scholarship for the spring semester.

EDUCATIONAL LENIENCY POLICY

Athletes will be excused from classes to attend athletic contests as long as the following conditions are met:

1. HOME EVENTS

- a. Leniency will begin 90 minutes before the scheduled start time of the home event.
- b. Any rehab or taping of injuries should take place within the 90 minutes prior to game time.

2. AWAY EVENTS

- a. Leniency will begin 30 minutes prior to the scheduled departure time.
- b. If practicing prior to leaving the campus, educational leniency will begin at practice time, not before.

3. SCRIMMAGES

- a. Leniency will not be granted for pre- season scrimmages. Educational leniency only applies to regular season and post season intercollegiate athletic events.

4. PROFESSOR NOTIFICATION

- a. Students listed on the educational leniency list should notify their professors (in person) one week in advance of missing a class due to an athletic event.
- b. Student athletes should request to take exams early if they are scheduled for the dates they anticipate being away from campus.
- c. Athletes who anticipate missing scheduled group project presentations should notify their professors immediately and request alternate presentation dates. Presenting your professors with your schedules at the beginning of the semester should help alleviate this particular problem.

5. FINAL EXAMS

- a. Student athletes will not be given educational leniency during a university scheduled final exam.

LETTER OF INTENT AND ATHLETIC SCHOLARSHIP AWARD

(See Appendix C and D for actual form)

An athlete may receive an athletic scholarship while enrolled and eligible to participate while enrolled at ONU. The amount of scholarship can change from year to year and the promise of an athletic scholarship is for one year only. Athletic scholarships must be renewed annually.

Athletic scholarships are awarded based upon merit, that is, talent as evaluated by each head coach.

Scholarships are divided and allocated one half to the fall semester and one half to the spring semester student expenses. Please take note and understand the following qualifications that apply to receiving and keeping an athletic scholarship:

1. The student must maintain eligibility.
2. The student must complete his or her sport season, both in season and off season. (Both semesters)
3. Scholarships will not be applied to the student's expenses until all necessary paperwork has been received.
4. Scholarships may be reduced by 50% for violating team or University Life policies.
5. Students will lose up to 50% of their scholarships for violating team or University Life policies a second time.
6. Scholarships (athletic and institutional) cannot exceed "direct costs" as defined by the ONU Financial Aid office. (Tuition and Fees room and board if living on campus, Tuition and Fees if not living on campus)
7. Student athletes must sign a new letter of intent each academic year.

Please take note of the ONU Letter of Intent and Athletic Scholarship Award document located in the appendix.

MEDICAL AND INSURANCE REQUIREMENTS

In order to participate in athletics at ONU the following 5 documents must be received by the head trainer prior to the first practice session:

1. Physical – due 1st season of competition
2. Proof of Insurance – due yearly
3. Assumption of Risk – due one time
4. Release of Athletic Health Care Information – due one time
5. Secondary Insurance Policy Form – due one time
6. Parent Information Form – due yearly
7. Disclosure of Health Information Form – due one time

Athletes will not be permitted to condition, practice, or participate in any physical activity until all of the above are received by ONU's head trainer. (Please take note of the necessary medical and insurance forms located at: <http://web.olivet.edu/sports/SWOL%20Introduction%20Letter%20to%20Athletes%202016.pdf>)

ATHLETIC TRAINING ROOM PROTOCOL

The following are a few areas that may need clarification regarding the caring for athletes at Olivet Nazarene University. The following rules would apply to both the McHie and Gibson Ide athletic training room facilities.

1. Athletes must shower before using any whirlpools or before receiving any extensive post practice treatments. Showering is a must in order to reduce the chance of transmitting bacteria in whirlpools as well as between trainer and athlete.
2. Your athletic trainer will be available for post- practice treatments approximately 45 minutes after practice.
3. Out of season training room needs will be administered during normal training room hours: 2:00 p.m. until 6:00 p.m.
4. Ice will be available outside of the training room doors throughout the day and after 6 p.m.

ONU currently has 6 certified athletic trainers as well as student trainers assigned to our 20 sport programs. The university requires that one of our trainers is available for every home event and practice session. All injuries and illnesses need to be reported to your team's assigned athletic trainer immediately.

STRENGTH AND CONDITIONING FACILITIES

The objective of the athletic department's strength and conditioning program is to improve sport performance, speed, agility, strength, power, and fitness levels of all student athletes. We believe that we can decrease injury rates through our program of balanced strength development. It is the responsibility of all student athletes to follow the instructions of your coaches and to adhere to all facility rules. **We cannot allow unsupervised workouts; a coach must be present.** Everyone shares responsibility for the upkeep of the strength and conditioning equipment. Equipment is not permitted to be removed from the facility without getting permission from your supervising coach. Appropriate attire is mandatory. Your clothing should allow freedom of movement that is typically associated with exercise. Shirts and closed toed shoes must be worn. The practice of wearing only a sports bra is not permitted. Shoes with cleats and spikes are not acceptable.

All student athletes are expected to follow the weight room rules and any additional instructions of the coaching staff.

General Weight Room Rules

1. Athletic training facilities are coeducational. Proper attire must be worn at all times.
2. No unsupervised workouts.
3. No Headphones.
4. Safety collars must be used.
5. Use a spotter as designated by your coach.
6. Always be alert and aware of surroundings.
7. Wipe off excess sweat and use a towel when necessary during a workout.
8. Keep your hands and feet off walls.
9. Foul language and inappropriate music are prohibited.
10. Follow the instructions of the coaching staff.

After your training session, the following should be checked:

1. No weights left on bars, floor, platforms, or benches.
2. All weights racked in proper places.
3. All equipment is put away in designated areas (benches, balls, boxes, bands, ropes, etc...)
4. Wipe down all benches and mats with cleaner.
5. Benches are docked properly in racks.
6. Safety catches and hooks are attached to racks and not left on the floor.
7. Safety collars are returned to appropriate places.
8. Throw away all trash and take your drink bottles with you when you leave the weight room.
9. Take personal belongings with you.
10. Additional duties as assigned by your strength coach.

BEHAVIORAL STANDARDS

It is expected that ONU athletes will adhere to all University behavioral standards and policy. It is expected that athletes will represent ONU athletics at all times in a positive manner while demonstrating exemplary sportsmanship. **REFER TO THE ONU STUDENT LIFE HANDBOOK FOR SPECIFIC POLICY REGARDING YOUR STAY AT ONU.** Please become familiar with the class and cafeteria dress codes, transportation policies as well as dormitory hours and socially acceptable behavior while on or off campus.

BEHAVIORAL GUIDELINES

In addition to the University's behavioral guidelines and lifestyle covenant as addressed in the ONU Student Life Handbook, the following guidelines also apply to all student athletes.

1. Athletic financial aid may be reduced during the period of the award if the student athlete renders himself or herself ineligible, engages in serious misconduct warranting substantial disciplinary action, or voluntarily withdraws from a sport for personal reasons.
2. Student athletes are responsible for arranging their class schedules at times which do not interfere with practice schedules. If a class conflict is unavoidable, the athlete must discuss the matter with his or her head coach before enrollment.
3. Student athletes are expected to attend all classes unless missing for competition reasons.
4. Student athletes shall not compete or practice with more than one team at ONU without the consent of both coaches.
5. All student athletes are expected to display acceptable behavior on and off the playing field. Fighting, verbal abuse, taunting, foul language, and hazing activities are unacceptable behaviors.
6. Attendance at practice sessions must take precedence over attendance at nonathletic extracurricular meetings and events. Exceptions are at the discretion of the head coach.
7. Student athletes must participate in all practices and games. Illness, injury, or special circumstances must be communicated to and absences approved by the head coach.
8. Game uniforms are to be worn only at games or during other occasions as specified by the head coach.
9. The head coach has the ultimate responsibility for the determination of playing positions, playing time, and decisions regarding strategies employed during a contest.
10. The coach has the prerogative of specifying a reasonable time for all members of the traveling party to be in their assigned rooms.
11. All travel to an event is by team. If an athlete feels there is a justifiable reason why individual travel is necessary, he or she must discuss this with the head coach no later than 48 hours prior to the departure time. If the head coach approves individual travel, the student athlete must sign a Statement of Release.

Violations of Behavioral Guidelines, the ONU Student Lifestyle Covenant, or the ONU Student Athlete Code of Conduct may be considered sufficient grounds for reduced athletic financial aid, non-renewal of athletic financial aid, and/or disciplinary action up to and including suspension or dismissal from the team.

SOCIAL NETWORKING WEBSITE POLICY

Student athletes, as members of the ONU community, are permitted to maintain personal profiles on social networking websites such as Facebook, MySpace, etc... in accordance with the following guidelines:

1. No offensive, derogatory or inappropriate comments should be posted
2. No offensive or inappropriate pictures or videos should be posted
3. All contacts must be consistent with the ONU lifestyle expectations, community standards, as well as state and federal law.

TICKET POLICY

The ONU athletic department will provide a family pass for each athlete that will provide free admission to your team's home games for your immediate family members. Family members will be defined as: parents as well as any brothers and sisters that are attending school grades K – 12. The family pass will not gain admittance to games for aunts, uncles, grandparents, etc.....

ONU does not have a pass gate that will allow for free entrance to any home game.

AMATEUR VERSUS PROFESSIONAL: MAINTAINING AMATEUR STATUS

In the NAIA, only students who are amateurs are eligible to compete in a given sport. By definition an amateur is a student who engages in athletic contests for educational values, personal pleasure, satisfaction, and for the love of the sport, not for monetary or material gain.

A STUDENT CANNOT RECEIVE COMPENSATION FOR PLAYING A SPORT IN EXCESS OF ACTUAL TRAVEL, MEAL, AND LODGING EXPENSE. A STUDENT CANNOT BE PAID FOR ADVERTISING OR PROMOTING AN AMATEUR EVENT.

Allowable Awards: Cash awards or certificates redeemable for cash shall cause a student to lose amateur status within the NAIA. A student may receive more than one award while being recognized but the value of each individual award shall not exceed \$500.00 nor shall the combined value of all such awards exceed \$600.00
Acts That Result in Loss of Amateur Standing:

1. Receiving expense reimbursement beyond actual expenses of travel, meals and lodging only. Expenses must be itemized.
2. Signing a contract with any professional team.
3. Participating in any athletic contest as a professional or as a member of a team where the student in question receives remuneration exceeding the actual expenses of travel, meals, and lodging only.
4. Receiving remuneration for use of name or picture to promote any commercial product or enterprise.
5. Entering into an agreement of any kind to compete in professional athletics, with either a professional sports organization or with an individual or group of individuals authorized to represent the athlete with a professional sports organization.

*****See Article VII Sections A – E or complete case studies and rules regarding amateur status.***

EJECTION AND SUSPENSION DEFINITIONS-RULES

It is the hope of the athletic staff that neither coach nor athlete would be ejected from an athletic contest but we also realize that ejections/suspensions may occur. With that in mind, the following defines and identifies the consequences of ejections and suspensions.

1. An ejection is an action enforced in conjunction with a competition by a game official consistent with the playing rules in that sport. Ejections cannot be appealed.
2. A suspension is required by the NAIA bylaws as an additional consequence related to ejections in conjunction with competition. Suspensions may be appealed.
3. Any coach or student athlete ejected on one or more occasions while representing an NAIA member institution in competition shall be subject automatically to the following penalties:
 - a. Suspension for the next contest upon first game ejection
 - b. Suspension for the next 2 contests upon receiving second ejection
 - c. Ineligibility for the remainder of the season upon receiving a 3rd ejection

A suspended person cannot be in the competitive venue the day of the contest or communicate with any team personnel or game official the day of the contest. The athlete or coach will be removed from the venue during a suspension.

ATHLETIC AWARDS

The athletic department presents two awards to our athletes that participate in a given sport. The awards given for the appropriate amount of time spent playing at the Varsity level will be as follows. Awards are given to athletes in recognition for their participation in athletics at Olivet Nazarene University. The Head Coach will recommend all candidates for an award.

The following awards in varsity sport activities will be paid for by athletic department budget.

- First Year Award: "O" Certificate
- Second Year Award: Sweatshirt
- Third Year Award: Blanket
- Fourth Year Award: Varsity framed "O"

Special awards for special achievements in a particular sport will be at the discretion of the head coach and must be paid for within that sports budget.

Ambassador Award- This award is given by a vote of the coaching staff to one male and one female Junior or senior athlete each year, and is based on Colossians 3:17: "Whatever you do or say let it be as a representative of the Lord Jesus."

HAZING AND HARRASSMENT

ONU is committed to providing and maintaining a healthy learning environment for all students free of harassment, discrimination and/ or assault behavior of any kind against any person or group of individuals based on race, gender, age, national origin, marital status, or disability. The University condemns any such form of harassment, discrimination and/ or assault behavior in the University community. **Any student found to have engaged in such conduct is subject to University disciplinary sanctions, up to and including suspension and/ or expulsion.**

Hazing will not be tolerated. The ONU behavior code and the NAIA prohibit activities that can be construed as embarrassing and/ or harmful. Hazing can be defined "any action taken or situation created to produce mental or physical discomfort, embarrassment, ridicule or endangerment of a student or group of students. Such activities include, but are not limited to: use/abuse of alcohol, paddling in any form, creation of excess fatigue, physical and psychological shocks, treasure hunts, scavenger hunts, road trips or other similar activity, wearing of public apparel conspicuous and normally not in good taste, and morally degrading or humiliating games and activities."

Student athletes found to have engaged in hazing will face serious consequences as would any coach or person in authority who condones or allows it.

ONU is committed to maintaining an environment that is free from sexual harassment. In keeping with this commitment, we do not tolerate sexual harassment by anyone, including students, faculty, or staff of the University.

Sexual harassment consists of unwelcome sexual advances, requests for sexual favors, and other verbal, physical, or visual conduct based on sex when such conduct has the purpose or effect of substantially interfering with an individual's academic or professional performance or creating an intimidating, hostile, or offensive employment or educational environment. The University will investigate all such complaints thoroughly, impartially and promptly.

Individuals who wish to discuss a complaint about either harassment or hazing should speak to the athletic director.

Appendix A

Student Athlete Advisory Council

Mission Statement – Purpose/Duties – Membership

MISSION STATEMENT: The mission of the Olivet Nazarene University student athlete advisory council is to enhance the total student-athlete experience by promoting an opportunity to better open lines of communication between the athlete, coaching staff, university administration, and the NAIA. We will strive to foster a positive student athlete image to our community, our university, and the NAIA.

PURPOSE:

1. To promote communication between student athletes and administration of each other's needs and issues
2. To promote a positive student athlete image through involvement in the ONU and Kankakee county communities
3. To promote programs for student athletes, this will encourage academic achievement, social responsibility, and general awareness of the athletic department
4. To disseminate information to team members
5. To build a sense of community involving all ONU athletic teams
6. To share ideas on how to improve athletic programs at ONU
7. To plan, organize and supervise service projects and social activities provided to student athletes

MEMBERSHIP:

1. Membership will consist of two representatives from each of the men's and women's varsity teams
2. Members may serve unlimited terms.
3. Each SAAC member has the mandatory obligation to participate in the SAAC activities, including meetings and volunteer opportunities.
4. If a member misses more than two meetings without prior notification, their membership will be terminated.
5. If a member misses four meetings, for any reason, their membership will be terminated.
6. One member from each sport team will be assigned by the head coach while the second member will be elected by their team.
7. All members will remain free of discipline relating to academic or social issues and will remain eligible members of their team.

RESPONSIBILITIES:

1. Members are expected to attend all meetings.
2. Members should represent their team's views at meetings.
3. Members will report to their team and coach on all activities of the SAAC.
4. Members will organize team members to help with special projects.
5. Members must attend two athletic events, for other teams, every season for a total of 6 events and should also strongly encourage team members to do the same.

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Student Athlete Pledge

Each game and practice that I participate in will provide me with an opportunity to be a *Champion of Character*.

I pledge, as an NAIA student athlete, to accept the five core character values of the NAIA and will do my best to represent the NAIA, my institution, my teammates, and myself by:

Respecting my opponent, the officials, my teammates, my coach, myself and the game; taking **Responsibility** for my actions in all areas of my life; having the **Integrity** to stand by my word; providing **Servant leadership** where I serve others while striving to be a personal and team leader; and exemplifying **Sportsmanship** by holding myself to the highest standards of fair play.

Student Athlete's Name _____

Institution _____

Sports Team _____

Student Athlete's Signature _____ Date _____

Appendix C

NAIA REQUIRED STUDENT/ATHLETE COURSEWORK.....8-4-16 update

MY PLAYBOOK COURSES:	FR	SO	JR	SR
NAIA Rules/PED Awareness	*	*	*	*
Dietary Supplements – Sport Nutrition		*	*	*
Life Skills			*	*
Transition from Athlete to Adult Lifestyle				*

LIVE 5 COURSES:	FR	SO	JR	SR
Learn to Live 5	*			
Master the Fundamentals		*		
Live 5 and Lead			*	
Live 5 for Life				*

ATHLETE REGISTRATION FOR **NAIA ACADEMY**:

www.naia.org/learn

Login with password NAIA 2016

Change password

Access the courses as needed.....The 8 courses will only need to be taken one time during a student's athletic career. Transfer students that have not taken a preceding course will need to take all previous courses in order to catch up.



OLIVET NAZARENE UNIVERSITY

Letter of Intent and Athletic Scholarship Award

Name: John Doe ID: 1234567 Year: 2017-18
 Amount: \$ 5,000.00 Sport: Any Sport

All athletic scholarship awards are intended to be used for the purpose of assisting a student athlete obtain his/her education. Therefore, the total of this scholarship will be divided equally and allocated one half to the Fall Semester and one half to the Spring Semester expenses. Please understand that the following qualifications apply:

1. That the student athlete must meet and maintain all N.A.I.A. eligibility standards throughout the academic year.
NOTE: This is a change from the first year scholarship award.
2. Student athletes must complete all requirements (practice, game, conditioning,...) of their sport for both the fall and spring semesters and not present cause for the coaching staff or university administration to suspend them from the team. Suspension may result from any conduct violating team or University Life Handbook Policy.
3. Scholarships will not take effect until all necessary documents: physical, proof of insurance, and assumption of risk are filed with the athletic trainer.
4. Student athletes involved in a first offense of team or University Life Handbook Policy (Academic/Behavioral) will be suspended a minimum of 10% of regular season scheduled games and may lose up to 50% of their athletic scholarship.
5. Student athletes involved in a second offense of team or University Life Handbook Policy (Academic/Behavioral) will be suspended a minimum 50% of regular season scheduled games and will lose 50% of their athletic scholarship.
6. Athletic scholarships in combinations with ALL grants/scholarships must not exceed ONU direct costs as defined by the ONU Office of Financial Aid. Athletic scholarships will be reduced by the Office of Financial Aid if direct costs are exceeded.
7. Student athletes must sign a new letter of intent each academic year.
8. Must apply to NAIA Clearinghouse for eligibility.

Special conditions:

I certify that I have read all qualifications on this page, fully understand and agree to be bound by them. I further understand that Olivet Nazarene's completion and graduation rates of student athletes are available for my review. ***This contract is privileged information to the above named and not intended to be disclosed to other parties other than family.***

Signed: _____
 Student Athlete Parent/Guardian

Submission of this letter has been authorized by:

Signed: _____
 Coach Athletic Director Financial Aid Director

*This document is not binding until signed by all parties.
 A copy of the EADA report is available upon request or at <http://olivet.edu/federal-disclosures/>*

We Believe...

*...an Olivet Community
Lifestyle Covenant*

We believe that Jesus Christ can be the foundation center of every individual's life.

We believe in preserving God's moral laws, the civil laws, and the wise judgment of abstaining from certain practices which have negative effects on human physical and moral well-being.

We believe in the development of a campus community supporting Christian values and spiritual development.

We believe in providing an educational environment which enhances the quality of life for both the individual and the campus community.

We believe Christian praise and worship promotes the development and clarification of values and priorities while providing guidance relating to crucial life choices.

Believing in these values and committing to prepare students to pursue avenues of service to God, the community, and the world at large, the University welcomes each student into the Olivet community and enters with students into a lifestyle covenant which reflects the values of our community.

- *Chapel attendance is required twice a week and during special fall and spring revival services. Successful completion of the chapel requirement is necessary for continued enrollment at Olivet.*
- *Discretion in entertainment choices must be exercised. Productions, music, language and role playing games which feature the violent, the sensual, the pornographic, the profane or the occult are to be avoided. Students also should refrain from all forms of gambling.*
- *Possession or use of tobacco, alcoholic beverages, or any controlled substance (including but not limited to narcotics, hallucinogenics, or illegal drugs) is prohibited. The possession or display of related paraphernalia is also prohibited.*
- *Personal conduct choices must reflect Biblical morality (including, but not limited to, abstaining from sexual promiscuity).*
- *Modesty of dress should be observed at all times. Specific policies are listed in the University Life Handbook.*
- *Nightly in-hours and a daily atmosphere of quiet respect is to be observed in the residential living halls.*
- *All community members (including, but not limited to, University officials, Resident Assistants and other students) should be treated with respect and cooperation. Honesty is expected at all times.*
- *Athlete participation requires all team members to treat opponents, officials, and fans with respect as determined by University officials.*

Recognizing that the Olivet community is intended to be positive, challenging, and redemptive, I agree to comply with and uphold the above lifestyle for the community as well as all additional policies described in the University Life Handbook. Any violations of this covenant may result in suspension from my team and the possible forfeiture of scholarship.

Signature

Date

DINING SERVICES

Ludwig Dining Hall

Monday through Friday: 7 a.m. until 1:30 p.m. and 4:30 p.m. until 7:00 p.m.

Saturday: 8:00 a.m. until 9:00 a.m. 11:00 a.m. until 1:00 p.m. 4:30 p.m. until 6:00 p.m.

Sunday: 8:30 a.m. until 9:30 a.m. 11:00 a.m. until 1:30 p.m. 4:30 p.m. until 6:00 p.m.

Red Room

Monday through Friday: 10:30 a.m. until 10:30 p.m.

Saturday and Sunday: Closed

Casa Del Tigre

Monday through Friday: 10:30 a.m. until 7:30 p.m.

Saturday and Sunday: Closed

Nesbitt Hall

Monday through Thursday: 10:30 a.m. until 2:00 p.m. 4:00 p.m. until 6:00 p.m.

Friday: 10:30 a.m. until 4:00 p.m.

Saturday and Sunday: Closed

Common Grounds

Monday through Thursday: 8:00 a.m. through 11:00 p.m.

Friday: 8:00 a.m. until 12:00 a.m.

Saturday: 7:00 p.m. until 12:00 a.m.

Sunday: Closed

Jazzman's Café

Monday through Thursday: 9:00 a.m. until 3:30 p.m. 7:00 p.m. until 11:00 p.m.

Friday: 9:00 a.m. until 2:30 p.m.

Saturday: Closed

Sunday: 8:00 p.m. until 11:00 p.m.

NOTICE *** All resident halls and dining services will be closed Thanksgiving, Christmas, Spring and Easter breaks.**

ONU FIGHT SONG

*Fight On for ONU
Fight On, Fight On
So Bold and True
Fight On for ONU
Fight On, Fight On
We Are for You
We Are for You
Fight On for ONU
Fight On!*