

Illinois Intercollegiate XC Championships Friday, September 30th, 2016 Aspen Ridge Golf Course, Bourbonnais, Ill. Hosted by Olivet Nazarene University

Location:	1763 E 4000N Rd. Bourbonnais, IL 60914 (Behind Northfield Square Mall)		
Races:	4:15pm	Women's 5k and Men's 8k Open Race	
	5:00pm	Women's 5k Championship Race	
	5:45pm	Men's 8k Championship Race	
Competition:	Teams will be allowed a maximum of 15 runners in the Championship Race. Unlimited entries will be allowed in the open race. Unattached athletes can participate in either the open or championship races with approval of the meet director.		
Entry Procedure:	Please enter your team using <u>runnersedgeracetiming.com</u> . If you have any questions about the entry procedure please call Derek at 231-855-1282. The entry deadline is:		
	Wednesday, September 28 th by 6:00pm.		
Entry Fee:	\$200 per men's and women's teams; \$400 combined. Unattached runners are \$20 each.		
	Checks are p	ayable to Olivet Nazarene University.	
Course:	Aspen Ridge is a primarily flat course with gentle inclines. The course will open at 2:30pm on race day.		
Packets:	Packet pickup will be located at the clubhouse starting at 2:30pm. Please note that any teams with race chips not turned in after the races will be subject to a \$40 fee per chip.		
Restrooms:	Port-a-Johns will be available near the start/finish area. Please ask if locker room facilities will be needed after the meet.		
Trainers:	A certified athletic trainer and student athletic trainers will be located near the start/finish area.		
Results:	Results will be posted on Runner's Edge, onutigers.com and tfrrs.org after the races.		
Awards:	Results and awards will be announced at approximately 6:30pm.		
	The top 20 in	ndividuals receive t-shirts in the championship races.	
Check-in:	Runners must report to the starting line 15 minutes prior to the start of their races.		
Team Camps:	Camps may be set up on the golf course, away from the fairways, greens, and tees.		
Parking:	Parking is av	Parking is available at the course. Overflow parking is across the street at mall.	
	All team bus	es will be asked to drop off their athletes then park across the street.	