

RECREATION AND SPORT STUDIES

NAME	I.D.#	Expected Grad Date	B.S. Degree
General Education Requirements		Major: 58 hours – 2.000 required in major	
<u>3</u>	THEO 110 Intro to Christianity	<u>3</u>	EXSS 129 Principles of Sports Management
<u>3</u>	BLIT 210 Christian Scriptures	<u>2</u>	EXSS 220 Sport Finance
<u>3</u>	CMIN 310 Christian Living	<u>3</u>	EXSS 250 Sports Facility Planning/Mgt
<u>3</u>	ENGL 109 College Writing I	<u>4</u>	EXSS 300 Promoting/Marketing Athletics
<u>3</u>	ENGL 210 College Writing II	<u>3</u>	EXSS 350 Sports Law
<u>3</u>	COMM 105 Fundamentals of Communication	<u>2</u>	EXSS 360 Sport Analytics
<u>3</u>	HIST 200 Western Civilization	<u>3</u>	EXSS 425 Fitness Testing and Exercise Scrip.
<u>3</u>	Approved Social Science Course* _____	<u>3</u>	EXSS 429 Personal Training
<u>6</u>	Approved Humanities Courses* _____	<u>2</u>	EXSS 431 Ethical Leadership in Sports and Rec
	Select 3 hours from <u>two</u> different areas:	<u>3</u>	EXSS 471 Organization/Administration
	Fine Arts, Literature, Philosophy,	<u>3</u>	EXSS 497 Internship Athletics/Coach/Recr
	Modern Languages _____	<u>3</u>	PHED 126 Nutrition, Health and Fitness
<u>3-8</u>	Elementary Foreign Language I and II OR	<u>2</u>	PHED 228 Coaching Weight Training
	Approved International Culture course*	<u>2</u>	PHED 241 First Aid and Emergency Care
<u>3-4</u>	PHSC 102 or approved physical science course*	<u>2</u>	PHED 260 Individual Sports Skills
<u>3</u>	MATH 103, MATH 112 or higher math	<u>2</u>	PHED 270 Team Sports Skills
*See olivet.edu/registrar for approved list of courses		PLUS completion of one concentration:	
		A. Recreation Management	
<u>3</u>	BSNS 160 Principles of Management	<u>3</u>	BSNS 171 Business Computer Apps/Comm
<u>3</u>	EXSS 229 Recreation Sports Management	<u>1</u>	PHED 210 Teaching Rhythm & Dance
<u>1</u>	PHED 211 Teaching Aquatics Skills	<u>1</u>	PHED 274 Outdoor Education
<u>2</u>	PHED 274 Outdoor Education	<u>3</u>	PHED 370 Adaptive Physical Education
<u>3</u>	PHED 370 Adaptive Physical Education	B. Coaching and Human Performance	
<u>3</u>	EXSS 320 Sports Psychology	<u>3</u>	EXSS 320 Sports Psychology
<u>3</u>	LEAD 235 Team Building/Leadership	<u>3</u>	LEAD 235 Team Building/Leadership
<u>3</u>	PHED 219 Theory of Coaching	<u>4</u>	PHED 219 Theory of Coaching
<u>4</u>	PHED 360 Physiology of Exercise	<u>3</u>	PHED 360 Physiology of Exercise
<u>3</u>	PHED 472 Kinesiology	<u>3</u>	PHED 472 Kinesiology
		Required Supporting Courses (both concentrations):	
<u>4</u>	BIOL 169 Survey of Anatomy & Physiology	<u>3</u>	BIOL 169 Survey of Anatomy & Physiology
<u>3</u>	BSNS 241 Business Statistics* or	<u>3</u>	BSNS 241 Business Statistics* or
	MATH 120 Intro to Statistics	<u>3</u>	MATH 120 Intro to Statistics
<u>3</u>	PSYC 323 Human Diversity	<u>3</u>	PSYC 323 Human Diversity

Minimum grade of C- or better required in all PHED and EXSS courses

*BSNS 241 does not meet the gen ed MATH requirement