

RECREATION, SPORT, AND FITNESS

NAME	I.D.#	Expected Grad Date	B.S. Degree
General Education Requirements		Major: 58 hours	
<u>3</u> THEO 101 Christian Formation		<u>3</u> EXSS 129 Principles of Sports Management	
<u>3</u> BLIT 202 Christian Scriptures I		<u>2</u> EXSS 220 Sport Finance	
<u>3</u> BLIT 303 Christian Scriptures II		<u>3</u> EXSS 229 Recreation Sports Management	
<u>3</u> THEO 404 Christian Faith		<u>2</u> EXSS 230 Sport Ethics	
<u>3</u> ENGL 109 College Writing I		<u>4</u> EXSS 300 Promoting/Marketing Athletics	
<u>3</u> ENGL 210 College Writing II		<u>4</u> EXSS 350 Sports Law	
<u>3</u> COMM 105 Fundamentals of Communication		<u>3</u> EXSS 425 Fitness Testing and Exercise	
<u>3</u> FINA 101 Intro to Fine Arts		<u>3</u> EXSS 429 Personal Training	
<u>3</u> HIST 200 Western Civilization		<u>4</u> EXSS 450 Sports Facility Planning/Mgt	
<u>3</u> LIT 205 Studies in Literature		<u>4</u> EXSS 471 Organization/Administration	
<u>3</u> Select from: ECON 110, PSCI 101, PSCI 223, PSYC 101, SOCY 120		<u>3</u> EXSS 497 Internship in Athletics/Coaching/Recreation	
<u>0-8</u> Elementary I, II Foreign Language or approved International Culture courses		<u>3</u> PHED 126 Nutrition, Health and Fitness	
		<u>1</u> PHED 191 Applied Fitness	
<u>3-5</u> PHSC 102 General Physical Science OR other lab course from Chemistry, Geology, or Physics		<u>1</u> PHED 210 Teaching Rhythms and Aerobics	
		<u>1</u> PHED 211 Teaching Aquatics Skills	
<u>3</u> MATH 103 or higher level math		<u>2</u> PHED 228 Coaching Weight Training	
		<u>2</u> PHED 241 First Aid and Emergency Care	
		<u>2</u> PHED 260 Individual Sports Skills	
		<u>2</u> PHED 270 Team Sports Skills	
		<u>2</u> PHED 274 Outdoor Education	
		<u>4</u> PHED 360 Physiology of Exercise	
		<u>3</u> PHED 370 Adaptive Physical Education	
		Required Supporting Courses:	
		<u>3</u> ART 200 Intro to Graphics	
		<u>3</u> ART 275 Photoshop	
		<u>4</u> BIOL 169 Survey of Anatomy & Physiology	
		<u>3</u> BSNS 171 Business Computer Apps and Communication	

Minimum grade of C- or better required in all PHED and EXSS courses