

**2025-2026 Academic Year**

Requirements Effective Fall 2024

Min. Grad. Req: 120 Hrs., 30 UD Hrs., 2.5 GPA Institut. & Cum., 2.75 Major GPA

Reviewed by: \_\_\_\_\_

Date: \_\_\_\_\_

**(B.S.)PHYSICAL EDUCATION/HEALTH TEACHING (K-12)**

Name & Student ID # \_\_\_\_\_

Expected Graduation Date: \_\_\_\_\_

**General Education Requirements**

- 3 THEO 110 Intro to Christianity
- 3 BLIT 210 Christian Scriptures
- 3 CMIN 310 Christian Living
- 6 Approved Humanities Courses\*

**Select 3 hours from two different areas:**  
Fine Arts, Literature, Philosophy, or SPAN 212

- 3 HIST 200 Western Civilization
- 3-4 PHSC 102 or approved physical science course\*
- 3-8 Elementary Foreign Language I & II (SPAN 111/112 or FREN 101/102)  
**OR** an approved Intercultural Understanding course\*

**General Education Requirements (for Teachers)**

- 3 ENGL 109 College Writing I
- 3 ENGL 210 College Writing II (APA)
- 3 COMM 105 Fundamentals of Communication
- 3 MATH 103, MATH 112, or higher level math\*\*
- 3 PSCI 223 American Government

- \* See [olivet.edu/registrar](http://olivet.edu/registrar) for an approved list of courses
- Students completing a minor must complete a minimum of 6 unique hours between major and minor.
- Students pursuing a double major or greater must complete a minimum of 20 unique hours (excludes supporting courses)

**REQUIRED Before Teacher Education Program entry:**

- 2 EDUC 140 Foundations of Multicultural Education\*\*
- 3 EDUC 195 Teacher Education Seminar I\*\*
- 2 EDUC 200 Human Development and Education\*\*
- 3 EDUC 214 Early Adolescent Development\*\*
- 3 EDUC 280 General Methods and Assessment\*\*

**REQUIRED After Teacher Education Program entry, before Student Teaching:**

- 2 EDUC 392 Teacher Ed Seminar II: Classroom Mgmt.
- 2 ENGL 335 Teaching Reading in Content Area

**REQUIRED After Teacher Education Program entry, during Student Teaching:**

- 12 EDUC 485 Student Teaching (K-12)
- 3 EDUC 493 Teacher Education Seminar III

**Required Field Experience Hours:**

- 0-1 EDUC 175 Field Experience I (30†)
- 0-1 EDUC 275 Field Experience II (45†)
- 0-1 EDUC 375 Field Experience III (45†)

† Required Field Experience hours

\*\* Required before entering Teacher Education Program

\*\*\* Available after entering Teacher Education Program

**Minimum Graduation Requirements:** 120 hours, 30 of which are upper division (300-400 level) hours, 2.5 cumulative grade point average (GPA), 2.75 GPA in Major courses, and C- or above in all General Education Requirements for Teachers, all Professional Education courses, all Required Supporting courses, and all courses applied toward endorsements.  
**Note:** Requirements for all endorsements are available in the School of Education.

**Major: 58 hours**

- 3 PHED 126 Nutrition, Health and Fitness (GER: STWD)
- 3 PHED 175 Survey of Anatomy and Physiology (GER: BIOL SCI)
- 1 PHED 210 Teaching Rhythm and Dance
- 1 PHED 211 Teaching Aquatic Skills
- 2 PHED 228 Coaching Weight Training
- 2 PHED 241 First Aid & Emergency Care
- 3 PHED 242 Foundations of Health Education
- 2 PHED 243 Personal/Community Health
- 2 PHED 260 Individual Sports Skills
- 2 PHED 270 Team Sports Skills
- 2 PHED 274 Outdoor Education
- 3 PHED 305 Human Sexuality (GER: STWD)
- 3 PHED 310 Curriculum Design in Physical Education
- 3 PHED 315 Drug Use and Abuse
- 3 PHED 325 School Health Programs
- 3 PHED 352 Assessment and Evaluation in PE\*\*\*
- 4 PHED 360 Physiology of Exercise
- 2 PHED 367 Elementary PE Methods\*\*\*
- 3 PHED 370 Adaptive and Corrective Physical Education\*\*\*
- 2 PHED 375 Community Health Program
- 3 PHED 385 Teaching Middle/Secondary PE\*\*\*
- 3 PHED 410 Curriculum/Evaluation in Health
- 3 PHED 472 Kinesiology

*All students who have declared Physical Education as their major are required to complete the annual fall fitness testing. Failure to complete the test will result in a delay of enrolling in further PHED, EXSS, and EDUC courses. If a student is unable to complete any of the fitness testing components due to documented injury, illness or disability, the Department of Exercise and Sports Science will provide appropriate accommodations that will 1) enable the student to complete the test component as it was intended; or 2) provide a suitable component that*

**Recommended Athletic Coaching Minor:**

- 3 EXSS 320 Sports Psychology
- 2 EXSS 431 Ethical Leadership in Sport and Recreation
- 3 EXSS 471 Organization/Administration of Athletics
- 2 EXSS 496 Practicum in Athletics/Coaching/Recreation
- 2 PHED 219 Theory of Coaching
- 2 PHED 228 Coaching Weight Training
- 2 PHED 241 First Aid and Emergency Care
- 2 PHED 260 Individual Sports Skills **OR**
- PHED 270 Team Sports Skills