

PHYSICAL EDUCATION / HEALTH TEACHING (K - 12)

NAME	I.D.#	Expected Grad Date	B.S. Degree
General Education Requirements			
<u>3</u>	THEO 101 Christian Formation		
<u>3</u>	BLIT 202 Christian Scriptures I		
<u>3</u>	BLIT 303 Christian Scriptures II		
<u>3</u>	THEO 404 Christian Faith		
<u>3</u>	FINA 101 Intro to Fine Arts		
<u>3</u>	HIST 200 Western Civilization		
<u>3</u>	LIT 205 Studies in Literature		
<u>3-5</u>	PHSC 102 General Physical Science OR other lab course from Chemistry, Geology, or Physics		
<u>3</u>	ENGL 109 College Writing I **		
<u>3</u>	ENGL 210 College Writing II		
<u>3</u>	COMM 105 Fundamentals of Communication		
<u>3</u>	MATH 103 or higher level math **		
<u>3</u>	PSCI 223 American Government		
<u>0-8</u>	Elementary Foreign Language I & II OR approved International Culture Courses		

REQUIRED Before Teacher Education Program entry:

<u>2</u>	EDUC 140 Multicultural Found. of Ed.**
<u>3</u>	EDUC 195 Teacher Education Seminar I**
<u>2</u>	EDUC 200 Human Development & Ed. (10*)**
<u>3</u>	EDUC 214 Early Adolescent Development**
<u>3</u>	EDUC 280 Gen. Meth. & Assessment (10*)**

REQUIRED After Teacher Education Program entry, before Student Teaching:

<u>1</u>	EDUC 394 Teacher Education Seminar II
<u>2</u>	ENGL 335 Teaching Reading in Content Area

REQUIRED After Teacher Education Program entry, during Student Teaching

<u>12</u>	EDUC 485 Student Teaching
<u>3</u>	EDUC 493 Teacher Education Seminar III

Major: 60 hours

Major Core:

<u>3</u>	PHED 126 Nutrition, Health, and Fitness
<u>4</u>	PHED 169 Survey Anatomy/Physiology
<u>1</u>	PHED 191 Applied Fitness
<u>1</u>	PHED 210 Teaching Rhythms & Aerobics
<u>1</u>	PHED 211 Teaching Aquatic Skills
<u>2</u>	PHED 228 Coaching Weight Training
<u>2</u>	PHED 241 First Aid & Emergency Care
<u>3</u>	PHED 242 Foundations of Health Education
<u>2</u>	PHED 243 Personal/Community Health
<u>2</u>	PHED 260 Individual Sports Skills
<u>2</u>	PHED 270 Team Sports Skills
<u>2</u>	PHED 274 Outdoor Education
<u>3</u>	PHED 305 Human Sexuality
<u>3</u>	PHED 310 Curriculum Design in Phys Ed
<u>3</u>	PHED 315 Drug Use and Abuse
<u>3</u>	PHED 325 School Health Programs
<u>3</u>	PHED 352 Assessment & Evaluation in PE ***
<u>4</u>	PHED 360 Physiology of Exercise
<u>2</u>	PHED 367 Elementary PE Methods (25*) ***
<u>3</u>	PHED 370 Adaptive & Corrective Phys Ed (25*) ***
<u>2</u>	PHED 375 Community Health Program
<u>3</u>	PHED 385 Teaching Middle/Secondary PE (45*)***
<u>3</u>	PHED 410 Curriculum/Evaluation in Health
<u>3</u>	PHED 472 Kinesiology

Recommended Supporting Courses:

<u>1</u>	EDUC 225 Classroom Management
<u>2</u>	PHED 219 Theory of Coaching
<u>2</u>	PHED 221 Coaching Basketball
<u>2</u>	PHED 222 Coaching Track & Field
<u>2</u>	PHED 223 Coaching Baseball/Softball
<u>2</u>	PHED 224 Coaching Football
<u>2</u>	PHED 227 Team Sports Officiating
<u>2</u>	PHED 231 Coaching Volleyball
<u>2</u>	PHED 232 Coaching Soccer

- * Required Field Experience hours
- ** Required before entering Teacher Education Program
- *** Available after entering Teacher Education Program

Minimum Requirements include: 128 hours, 40 of which are upper division (300-400 level) hours, 2.500 cumulative grade point average (GPA), 2.750 GPA in Major courses, and C or above grades in all General Education Requirements for Teachers, all Professional Education courses, all Required Supporting courses, and all courses applied toward endorsements.
Note: Requirements for all endorsements are available in the School of Education.

All students who have declared Physical Education as their major are required to complete the annual fall fitness testing. Failure to complete the test will result in a delay of enrolling in further PHED, EXSS, and EDUC courses. If a student is unable to complete any of the fitness testing components due to documented injury, illness or disability, the Department of Exercise and Sports Science will provide appropriate accommodations that will 1) enable the student to complete the test component as it was intended; or 2) provide a suitable component that satisfies the testing criteria, and is accommodating to the student's need.