

ATHLETIC TRAINING

B.S.

NAME _____ I.D.# _____ Expected Grad Date _____ Degree _____

General Education Requirements

- 3 THEO 101 Christian Formation
- 3 BLIT 202 Christian Scriptures I
- 3 BLIT 303 Christian Scriptures II
- 3 THEO 404 Christian Faith
- 3 ENGL 109 College Writing I
- 3 ENGL 210 College Writing II
- 3 COMM 105 Fundamentals of Communication
- 3 FINA 101 Introduction to Fine Arts
- 3 HIST 200 Western Civilization
- 3 LIT 205 Studies in Literature
- 0-8 Elementary I, II Foreign Language OR approved International Culture courses
- 3-5 PHSC 102 General Physical Science **OR** other lab course from Chemistry, Geology, or Physics _____
- 3 MATH 103 or higher level math

Major: 61 hours

- 2 EXSS 147 Intro to Athletic Training
- 3 EXSS 183 Prevention of Athletic Injuries
- 3 EXSS 205 Therapeutic Modalities
- 3 EXSS 215 Lower Extremity Joint
- 2 EXSS 241 First Aid & Emergency Care
- 3 EXSS 275 Upper Extremity Joint
- 1 EXSS 280 Athletic Training Clinical I
- 1 EXSS 281 Athletic Training Clinical II
- 3 EXSS 320 Sports Psychology
- 2 EXSS 349 Organ/Admin. of Athletic Training
- 3 EXSS 362 General Medical Conditions
- 3 EXSS 372 Therap. Exercise/ Rehabilitation
- 2 EXSS 375 Muscle Testing/Function
- 1 EXSS 380 Athletic Training Clinical III
- 1 EXSS 381 Athletic Training Clinical IV
- 3 EXSS 472 Kinesiology
- 1 EXSS 480 Athletic Training Clinical V
- 1 EXSS 481 Athletic Training Clinical VI
- 2 EXSS 495 Senior Seminar
- 3 FACS 331 Topics in Nutrition: Sports Nutrition
- 3 PHED 126 Nutrition, Health, and Fitness
- 2 PHED 190 Wellness
- 1 PHED 191 Applied Fitness
- 4 PHED 246 Anatomy & Physiology I
- 4 PHED 247 Anatomy & Physiology II
- 4 PHED 360 Physiology of Exercise

Required Supporting Courses:

- 2 BIOL 211 Medical Terminology
- 3 PSYC 101 Introduction to Psychology
- 3 PSYC 212 Adolescent/Adult Development

Recommended Supporting Courses:

- 3 FACS 331 Topics in Nutrition – Eating Disorders
- 3 EXSS 425 Fitness Assmt & Exercise Prescription
- 4 PSYC 331 Basic Research & Statistics

C- or better is required in all PHED and EXSS courses.