

**KINESIOLOGY****B.S.**

NAME \_\_\_\_\_

I.D.# \_\_\_\_\_

Expected Grad Date \_\_\_\_\_

Degree \_\_\_\_\_

**General Education Requirements**

<u>3</u>	THEO 110 Intro to Christianity
<u>3</u>	BLIT 210 Christian Scriptures
<u>3</u>	CMIN 310 Christian Living
<u>3</u>	ENGL 109 College Writing I
<u>3</u>	ENGL 210 College Writing II
<u>3</u>	COMM 105 Fundamentals of Communication
<u>3</u>	HIST 200 Western Civilization
<u>6</u>	Approved Humanities Courses*
	Select 3 hours from <u>two</u> different areas:
	<b>Fine Arts, Literature, Philosophy,</b>
	<b>Modern Languages</b> _____
<u>3-8</u>	Elementary Foreign Language I and II <b>OR</b>
	Approved International Culture course*
<u>3</u>	MATH 103, MATH 112 or higher level math

\*See [olivet.edu/registrar](http://olivet.edu/registrar) for approved list of courses**Major: 50 – 64 hours – 2.000 required in major**

<u>2</u>	EXSS 110 Intro to Kinesiology
<u>3</u>	EXSS 183 Prevention of Orthopedic Injuries
<u>1</u>	EXSS 200 Kinesiology Practicum I
<u>2</u>	EXSS 241 First Aid & Emergency Care
<u>1-2</u>	EXSS 310 Kinesiology Practicum II
<u>3</u>	EXSS 362 General Medical Conditions
<u>1</u>	EXSS 400 Kinesiology Practicum III
<u>3</u>	EXSS 425 Fitness Testing/Exercise Prescr.
<u>3</u>	EXSS 472 Kinesiology
<u>3</u>	PHED 126 Nutrition, Health, and Fitness
<u>2</u>	PHED 228 Weight Training/Conditioning
<u>4</u>	PHED 246 Anatomy & Physiology I
<u>4</u>	PHED 247 Anatomy & Physiology II
<u>4</u>	PHED 360 Physiology of Exercise

**Required Supporting Courses:**

<u>4</u>	BIOL 125 Biology I
<u>4</u>	CHEM 103 General Chemistry I
<u>3</u>	FACS 331 Topics: Sports Nutrition
<u>3</u>	PSYC 101 Intro to Psychology
<u>3</u>	PSYC 200 Lifespan Development Psychology

**And completion of one concentration:****A. Pre-Physical Therapy (25 – 26 hours)**

<u>4</u>	BIOL 126 Biology II
<u>2</u>	BIOL 211 Medical Terminology
<u>4</u>	CHEM 104 General Chemistry II
<u>3-4</u>	MATH 137 Applied Calculus <b>OR</b>
	MATH 147 Calculus I
<u>4</u>	MATH 241 Statistics
<u>4</u>	PHYS 121/201 Physics I
<u>4</u>	PHYS 122/202 Physics II

**Recommended Supporting Courses:**

<u>4</u>	EXSS 373 Orthopedic Evaluation
<u>4</u>	EXSS 376 Therapeutic Intervention
<u>3</u>	PSYC 368 Psychological Disorders

**B. Pre-Occupational Therapy (13-14 hours)**

<u>2</u>	BIOL 211 Medical Terminology
<u>3-4</u>	MATH 137 Applied Calculus <b>OR</b>
	MATH 147 Calculus I
<u>4</u>	MATH 241 Statistics
<u>4</u>	PHYS 121/201 Physics I

**Recommended Supporting Courses:**

<u>4</u>	EXSS 373 Orthopedic Evaluation
<u>4</u>	EXSS 376 Therapeutic Intervention
<u>3</u>	PHED 370 Adaptive PE
<u>3</u>	PSYC 368 Psychological Disorders

**C. Pre-Athletic Training (17-18 hours)**

<u>2</u>	BIOL 211 Medical Terminology
<u>4</u>	EXSS 373 Orthopedic Evaluation
<u>4</u>	EXSS 376 Therapeutic Intervention
<u>3-4</u>	MATH 137 Applied Calculus <b>OR</b>
	MATH 147 Calculus I
<u>4</u>	PHYS 121/201 Physics I

**Recommended Supporting Course:**

<u>3</u>	PSYC 368 Psychological Disorders
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**D. Exercise Physiology (17 hours)**

<u>3</u>	EXSS 320 Sport Psychology
<u>3</u>	EXSS 429 Personal Training
<u>3</u>	EXSS 430 Internship in Kinesiology
<u>3</u>	FACS 331 Topics: Eating Disorders
<u>3</u>	PHED 242 Foundations of Health
<u>2</u>	PHED 243 Personal & Community Health

**Recommended Supporting Course:**

<u>4</u>	PSYC 331 Basic Research & Statistics
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**C- or better required in all PHED and EXSS courses.**