

EXERCISE SCIENCE

NAME	I.D.#	Expected Grad Date	B.S. Degree
General Education Requirements			
<u>3</u>	THEO 101 Christian Formation		
<u>3</u>	BLIT 202 Christian Scriptures I		
<u>3</u>	BLIT 303 Christian Scriptures II		
<u>3</u>	THEO 404 Christian Faith		
<u>3</u>	ENGL 109 College Writing I		
<u>3</u>	ENGL 210 College Writing II		
<u>3</u>	COMM 105 Fundamentals of Communication		
<u>3</u>	FINA 101 Introduction to Fine Arts		
<u>3</u>	HIST 200 Western Civilization		
<u>3</u>	LIT 205 Studies in Literature		
<u>0-8</u>	Elementary Foreign Language I & II OR approved International Culture Courses		
Major: 34 hours			
<u>2</u>	EXSS 110 Intro to Exercise Science		
<u>2</u>	EXSS 241 First Aid		
<u>3</u>	EXSS 425 Fitness Test/Exercise Prescription		
<u>3</u>	EXSS 429 Personal Training		
<u>3</u>	EXSS 430 Internship in Exercise Science		
<u>3</u>	EXSS 472 Kinesiology		
<u>3</u>	PHED 126 Nutrition, Health, and Fitness		
<u>1</u>	PHED 191 Applied Fitness		
<u>2</u>	PHED 228 Weight Training/Conditioning		
<u>4</u>	PHED 246 Anatomy & Physiology I		
<u>4</u>	PHED 247 Anatomy & Physiology II		
<u>4</u>	PHED 360 Physiology of Exercise		
Required Supporting Courses:			
<u>4</u>	BIOL 125 Biology I		
<u>4</u>	BIOL 126 Biology II		
<u>4</u>	CHEM 103 General Chemistry I		
<u>4</u>	CHEM 104 General Chemistry II		
<u>6</u>	<u>3</u> FACS 331 Topics: Eating Disorders AND <u>3</u> FACS 331 Topics: Sports Nutrition		
<u>3-4</u>	MATH 137 Applied Calculus OR MATH 147 Calculus I		
<u>4</u>	MATH 241 Statistics		
<u>4-5</u>	PHYS 121 or 201 Physics I		
<u>4-5</u>	PHYS 122 or 202 Physics II		
<u>3</u>	PSYC 101 Intro to Psychology		
<u>3</u>	PSYC 211 Child Develop Psychology OR PSYC 212 Adolescent/Adult Develop		

C- or better required in all PHED and EXSS courses.